

Appendix A

PHILADELPHIA-MONTGOMERY CHRISTAIN ACADEMY CODE OF ATHLETIC RESPONSIBILITY PART I

At Philadelphia-Montgomery Christian Academy (PMCA) we feel that athletics are an integral part of the educational program and that each student should have the opportunity to participate in some form of competitive athletics. We know that the athletic program complements the total school program and is another avenue of personal Christian growth and commitment.

All of the objectives of the athletic program must be directed toward the positive development of each of the participants. These objectives are sought and directed by committed and dedicated and competent coaches. The objectives of the athletic program are:

1. Development of Christian qualities, physical fitness and skills

Participation in athletics under qualified coaches serving as models of Christian maturity will improve a participant's physical condition and cause him/her to develop physical skills. Success and achievement in competitive sports will often influence better academic achievement.

2. Development of moral qualities

Athletics will help to develop a sense of responsibility to Jesus Christ, the school, the team, the coaches, and to their fellow teammates.

3. Development of social qualities

Boys and girls participating in athletics develop self-respect, sportsmanship, a sense of cooperation, teamwork, confidence and positive Christian traits as they depend on God for their strength. Many fine friendships are often developed with other members of the team, some lasting into adult life.

4. Development of emotional maturity

Each athlete learns self-control and self-discipline. An athlete becomes conditioned to emotional situations and is better able to face them and similar conditions without falling apart or quitting. It teaches how to lose as well as how to win.

5. Development of academic qualities

Each athlete is expected to do his/her best in each academic subject. In order to participate the athlete may not be failing more than two subjects. Athletes must also realize they represent Christ in the classroom conduct as well as their conduct on the field of play. Continual misconduct may result in action by the athletic board (code II e).

6. Development of the life style that is reflected in Hebrews 12:1-3

“Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance, and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who has endured such hostility by sinners against Himself, so that you may not grow weary and lose heart.”

**PHILADELPHIA-MONTGOMERY CHRISTAIN ACADEMY
CODE OF ATHLETIC RESPONSIBILITY
PART II**

In view of the distinctly Christian commitment of PMCA, it must be recognized that any person representing our school in athletic activity must accept responsibilities toward God, himself, his team, and his school. Each athlete is, therefore, enjoined to practice the following:

- A. Realizing that man's primary purpose is to glorify God in everything he does, your participation in athletic activity must also witness to this fact.

- B. Realizing that your bodies are temples of the Holy Spirit, you must endeavor to maintain yourself in excellent condition by:
 - 1. Proper rest
 - 2. Proper diet
 - 3. Achieving through conscious all-out effort, the strengthening of the skills and endurance necessary to compete at the highest level of your potential
 - 4. Abstaining from the illegal consumption of alcoholic beverages, from using tobacco products or illegal narcotics, or from misusing legal substances
 - 5. Abstaining from any activity detrimental to your physical, mental, or spiritual welfare

- C. Realizing that you will be involved with others, either as teammates, competitors, or spectators, the following is applicable:
 - 1. In all competition, exhibit good sportsmanship and courtesy. Other teams are not the enemy, but rather fellow students trying to do their best as you are.
 - 2. Show proper respect for officials regardless of personal feelings on the validity of a decision.
 - 3. Abstaining from all forms of profanity on and off the athletic field.
 - 4. Encouraging others by word and deed, both in practice and in competition, to achieve the goals we have set forth.
 - 5. Attend each and every practice session unless excused.
 - 6. After making a commitment to any athletic team you should consider membership permanent. Any player who quits a team will not be eligible to participate in another cocurricular sport for that season and may face additional disciplinary action.

- D. Realizing that you are in a unique position to influence the student body and the community, you should remember that you are representing the school and therefore should make it your desire to uphold its good name and the goals it sets forth.

- E. An Athletic Board, consisting of all coaches plus the Athletic Director, has been formed to deal with violations of the Athletic Code.

PHILADELPHIA-MONTGOMERY CHRISTIAN ACADEMY

35 Hillcrest Avenue
Erdenheim, PA 19038

To: All Philadelphia-Montgomery Christian Academy Athletes

Re: Code of Athletic Responsibility and Application of the Code

To signify your acceptance of responsibility for the program and your commitment to it, we ask that you carefully read the statement and sign that you accept it on the form provided. Please note that parents are required to sign this form as well; indicating that they have read the Athletic Handbook and will endeavor to encourage their son/daughter to comply with the standards found within and also will comply with these standards themselves.

Philadelphia-Montgomery Christian Academy
Athletic Board

I have read and accept and agree to live up to the standards of my school's athletic code.

Student printed name

Student signed name

Date

Parent(s) printed name

Parent(s) signed name

Date

Sport(s) participating in