

PHIL-MONT CHRISTIAN ACADEMY

MIDDLE & HIGH SCHOOL LUNCHEON MENU

BY: O'NEILL'S MARKET

HOMEMADE SOUPS -

12 oz. cup w/ crackers \$1.50

CHICKEN NOODLE

MINISTRONE

TURKEY NOODLE

HEARTY VEGETABLE

ITALIAN CHICKEN VEGETABLE

**sold in microwavable container

for customer to reheat - 1 or 2 per day

FRESH MADE SALADS

CAESAR (entrée size) \$3.75

CAESAR (small) \$2.75

GRILLED CHICKEN CAESAR \$4.50

TOSSED (small) \$1.75

SIDE SALADS (8 oz. cup) \$1.00

*PENNE PASTA W/ SPINACH

*TRI-COLOR ROTINI

*FRESH TOMATO & CUCUMBER

*MACARONI SALAD

HOT ENTREES

*sold in microwavable containers for reheating

*reheat times are posted at microwaves

BAKED ZITI / dinner roll \$3.75

MEAT LASAGNA / dinner roll \$4.25

MEXICAN SHELLS / dinner roll \$4.00

HOT ROAST BEEF /italian roll \$4.50

HOT MEATBALLS in sauce/ \$4.50

/italian roll

**daily specials will be incorporated into the above hot foods menu as needed.

FRESH HOAGIES \$4.00

ON 8" ITALIAN ROLL

ITALIAN

AMERICAN

HAM & CHEESE

TURKEY & CHEESE

*lettuce, tomato included

WRAP IT UP \$4.50

ON 12" TORTILLA WRAP WITH

LETTUCE & TOMATO

SMOKED TURKEY HAM & CHEESE

ROAST BEEF TURKEY BREAST

VEGETABLE

*additional cold food specials will be incorporated as needed

FRESH CUT MELON & BERRIES

LARGE (16 OZ.) \$3.75

SMALL (8 OZ.) \$2.50

HOMEMADE DESSERTS

*CHOCOLATE CHIP COOKIES

*OATMEAL RAISIN COOKIES

*BROWNIES

.75c

SNACKS & BEVERAGES

POTATO CHIPS .50

SOFT PRETZELS .50

DINNER ROLL /BUTTER .50

8 OZ. WATER .50

8 OZ MILK (2%) .50

FOUNTAIN SODA 1.00

